

Health Visitors

Yesterday I took part in an integrated leadership working day to support the “Best Start In Life” Oxfordshire health and wellbeing strategy which focuses on the first 1001 days of a baby/ child’ life.

<https://www.oxfordshire.gov.uk/children-and-families/childrens-services/delivering-services-children/best-start-life-plan>

There were lots of interesting things to think about but one thing that I thought I would share with you is that Health Visitors have a universal offer for all children of offering a 48 month review now. I was curious as to how many of you, whose children have turned 4 have received an invitation to have this review. It is not compulsory but could be reassuring for you. If the review flags up any concerns the Health Visitor team can offer packages of support to you as a family. They will also involve us at Nursery, should you consent. If you want to book one go to

<https://oxfordhealth.nhs.uk/chathealth/>

It is also a good idea to share the outcomes with the setting your child attends as you could be experiencing things that we can support you with too!

Chat Health is a 24 hour helpline where a Health visitor will get back to you within 24 hours, usually sooner.

It is worth remembering too that Health Visitors are a great support for all families/ children up until the age of 5 unless the child has Special Educational Needs and/ or Disability and then it is up until the age of 19 years old.